

SEWING & FASHION ARTS

Sewing Level 1 – Supply List

VFDE 1017 Sewing Level 1:

Use the knowledge gained in Foundations and acquire more sewing skills while constructing your choice of skirt or pant including darts, pleats, waistbands, yokes, hems and zippers. Please come prepared to the first class with paper and pen, basic sewing kit and a sewing pattern for a pant or skirt along with suitable fabric to complete the project. Approximate cost of additional supplies \$20-\$80, depending on your fabric/pattern choice. Pre-requisite: Sewing Introduction (Foundations). Course may be applied as credit towards the Langara CS at VSB Sewing and Fashion Arts Certificate.

Supplies

Basic Sewing Kit:

Fabric Scissors
Paper Scissors
Tape Measure
Pins

Seam Ripper
Thread
Chalk (yellow shows up on most fabrics)
Paper and Pen

Bobbins for the sewing machines provided will be available for purchase or for rent for \$2.00.

Optional:

Sewing Machine (with foot control and required power cords)

Pattern & Fabric:

Pattern: Personal Choice of a skirt or pant.

Pattern should have:

- Darts / Pleats
- Waistband
- Zipper (Lapped or Invisible) *Fly zippers are a bit more difficult, but doable in this class*
- Hem

Pattern Examples (can download online PDF pattern)

- Sewaholic Patterns – Hollyburn Skirt (*Women's*)
- Thread Theory Patterns - Jedediah Pants (*Men's*)

Suggested Stores for patterns and material:

- Dressew (least expensive option)
- Fabricana
- Fabricland
- Spool of Thread

Fabric: Follow pattern instructions for fabric type suggestions, and amount of fabric required. These instructions and suggestions are generally found on the back of the pattern envelope.

General suggested fabrics: 100% Cotton, Linen Blends, Twill, Wool Blends, Polyester. Please do not get any materials with stretch.

Extras: Additional supplies that might be required such as interfacing, buttons, etc will be discussed in class.

Prior to cutting fabric out, fabric will need to be pre-treated. If you are able to pre-treat your fabric before the first class and want to begin cutting on the first class, you are more than welcome to. If you need more information, this will be discussed during the first class.